

## **Impact Northwest's Current Volunteer Needs**

The activities below are just some of the ways to be involved with our work. We have several volunteer opportunities for both individuals and groups. If you see something on this list that interests you or if you have ideas about other ways you would like to be involved, please contact our Community Involvement office at (503) 988-4996 or visit our website [www.impactnw.org/volunteer](http://www.impactnw.org/volunteer).

### ***Be a Volunteer Mentor***



Members of our community are a wonderful source of knowledge and support and have a wide range of life experiences that can be shared through mentoring. The Impact NW's Mentoring Program recruits community members to volunteer as mentors for elementary and middle school aged youth. The greatest gift you have to offer a young person is your genuine interest in their life and your willingness to listen attentively to them. Just 4-6 hours per month can make such an impact. Become a part of a team committed to helping a young person reach his or her full potential.

**Location:** Mentor volunteers are especially needed at Woodmere, Whitman and Kelly Elementary in SE Portland.

**Commitment:** 4-6 hours per month for 12 months. Includes one hour per week one-on-one with mentee as well as periodic training and group community involvement projects.

### ***Senior Money Management Money Coach or Bill Payer***



Are you good at managing your household budget, and saving money? If so, this could be the volunteer job for you. The Money Management Program is looking for volunteers who want to share their money managing skills with low-income, seniors, and other at-risk adults who have no one in their lives that is able or appropriate to help.

**Location:** Multnomah & Washington Counties and Clark County, WA

**Commitment:** In as little as two-hours per month you can help create financial stability, prevent homelessness, promote independence, and stop financial abuse.

### ***Senior Money Management Program Coordinator***



Impact Northwest's Money Management Program is seeking a volunteer with strong leadership, organizational and team-building skills to fill a part-time volunteer Program Coordinator position. This is an exciting opportunity help build a team of volunteers and provide a much needed service that protects vulnerable individuals from fraud, and financial abuse. The AARP Money Management Program helps low-income seniors and people with disabilities maintain financial

stability through one-on-one service provided by trained volunteers. Training and on-going operational support is provided by Impact NW and Easter Seals Oregon.

**Location:** Positions available in Vancouver, WA and Multnomah County

**Commitment:** Ideally we would like to find a volunteer that is available 10-15 hours per week, Monday – Friday.

### ***Friendly Visitor or Driver***



Be a companion and support person for an isolated elderly person or an adult with disability. Socialize by phoning and/or visiting regularly and encouraging recreational involvement outside the home. Or provide rides to doctor's



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A Community Of Support

**Dancing Tree Family Center**  
10055 E. Burnside | Portland, OR 97216  
p. 503.988.6000 | f. 503.988.6099

**SE Multicultural Service Center**  
4610 SE Belmont | Portland, OR 97215  
p. 503.988.3660 | f. 503.988.3261

**Brentwood-Darlington Community Center**  
7211 SE 62nd Avenue | Portland, OR 97206  
p. 503.988.5961 | f. 503.988.5946

appointments, recreational outings, errands or shopping. You may drive your own vehicle or one of our 10-13 passenger vans.

**Commitment:** One hour per week for at least six months.

**Location:** Placements needed throughout Portland and Washington County

### **Senior Activities Program Assistant/Intern**



Come enjoy the company of seniors as they socialize in the senior center and participate in activities. We need a volunteer to help coordinate senior activities such as calling bingo, advertising upcoming events and activities, assisting with set-up and take-down as well as other administrative tasks. This is a great opportunity for someone who likes to have fun in a very social atmosphere!

**Commitment:** Tuesdays, Thursdays & Fridays 9am-1:30pm (can be flexible)

**Location:** SE Multicultural Services Center, 4610 SE Belmont, Portland, OR 97215

### **Meal Servers & Activity Hosts for Congregate Housing Services Program**



The Congregate Housing Services Program (CHSP) is a program designed to assist seniors and adults with disabilities to live independently in their own apartments. It provides services and assistance including meals, housekeeping, personal care, companionship, and case management. We are looking for volunteers to assist with daily meal services, making food deliveries and socializing with the residents by hosting group games or activities such as bingo, crafts, Tai Chi, writing and nutrition.

**Location:** We have several locations throughout the Portland area

**Commitment:** Volunteers are needed between 3-5pm, 7 days a week. Volunteers can sign up for one day a week/month.

### **Kids on the Block Awareness Program Puppeteers**



Join the Kids on the Block Awareness Program to help bring important messages of understanding and acceptance to children, and skills for coping with life's challenges. We are looking for volunteer puppeteers perform scripted shows in teams and speak directly to school-age youth by modeling problem solving behaviors, answering questions, and teaching skills that will help children stay safe, healthy and happy. We provide full instruction and ongoing support, helping you develop performance and puppeteering skills, and you use these skills to bring critical messages to children in a meaningful way.

**Location:** Performances are held throughout the Portland area.

**Commitment:** Complete 25 - 40 hours of training, practice, observation and rehearsal during the first year. Puppeteer show commitments vary.

### **Tutor Youth at King's SUN School**



Volunteers are needed at King's SUN (Schools Uniting Neighborhoods) Schools located in NE Portland. Help the after school homework club by setting up tables, making signs and class lists, and organizing kids and classrooms as they prepare for after school programming. SUN Schools are designed to transform schools into community learning centers and promote student achievement and enrichment through greater neighborhood involvement. They provide educational, recreational, social and health services, serving a wide age group

from preschoolers to seniors in high school.

**Location:** King School, 4906 NE 6<sup>th</sup> Ave, Portland, OR 97211

**Commitment:** Mondays & Wednesdays OR Tuesdays & Thursdays, 2:30-4:30pm



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### **Help Kindergarten & 1<sup>st</sup> Grade Students at King School**



Do you like working with younger students? Come hang out with the Kindergarten and 1<sup>st</sup> Grade students at King School after school as they enjoy a snack, some physical activities and fun playtime.

Location: King School, 4906 NE 6<sup>th</sup> Ave, Portland, OR 97211

Commitment: Mondays OR Tuesdays (or both), 3:30-5:00pm

### **Database Coordinator for Club Impact**



Are you good at managing and organizing data? The Club Impact Program at Impact NW is looking for a volunteer that will help with initial database set up and be available several hours a month to help with ongoing updates. Club Impact is a new program for adults with disabilities that provides clients with social opportunities and activities. Previous database experience is preferred. The database doesn't currently exist so creativity and patience will be a plus!

Location: Your home OR SE Multicultural Services Center, 4610 SE Belmont, Portland, OR 97215

Commitment: Flexible

### **Club Impact Activity Chaperone**



Chaperone young adults with disabilities as they participate in Club Impact's social club group outings and events. Volunteers can assist participants with physical and cognitive limitations and communicate effectively with participants to insure a safe experience for all program participants. We are looking for someone with familiarity with developmental disabilities and would enjoy showing young adult participants around the city using public transportation.

Location: Various locations throughout Portland or SE Multicultural Services Center, 4610 SE Belmont, Portland, OR 97215

Commitment: Flexible and varies depending on events

### **Classroom Assistants in SUN Community Schools**



SUN (Schools Uniting Neighborhoods) Community Schools are located in Multnomah and Washington Counties and are designed to transform schools into community learning centers and promote student achievement and enrichment through greater neighborhood involvement. They provide educational, recreational, social and health services, serving a wide age group from preschoolers to seniors in high school. We are looking for groups or individual volunteers to help students with homework, teach a class or assist with after school activities or events.

Location: Volunteers are needed throughout several schools in the Portland area.

Commitment: After school programming occurs Monday-Thursday, 2:30pm-6pm. Commitment is flexible depending on need at each school

### **Parent Child Development Classroom Assistant**



Impact NW's Parent Child Development Services and Healthy Start programs are founded on the fundamental principle that parents are their children's first and most influential teachers. The programs work with parents of children ages 0-5 in support



of developing strong, nurturing families and healthy, thriving children through intensive home visiting services, parenting education, assessment and referral. Support the happy, healthy development of at-risk children ages 0-5 by assisting with a fun Parent Child Interactive Playgroups or by providing childcare during parent support groups. Spanish-English, Cantonese-English bilingual skills preferred.  
Location & Time Commitment: Wednesdays 10-11:30am at Brentwood-Darlington Community Center, 7211 SE 62<sup>nd</sup>, Portland, 97206 OR Tuesdays 3:30-5pm and Wednesdays 3:30-5pm at Woodmere Elementary 7900 SE Duke Portland OR 97206

### **Drivers Needed for Healthy Start Dad's Group**



Impact NW's Healthy Start program recognizes that being a parent is not easy and provides services in Multnomah County to support first-time parents to be the best parents they can be. Play groups are being organized in order to help parents network with each other. They provide a space where socialization skills for the children are being learned, and support systems for the parents are being strengthened. The Healthy Start program at Impact NW is searching for volunteers to help families get to their Father-Child Interaction Groups to support Early

Childhood Education. We would like 2 drivers for each group to help transport families to and from classes.

Location: Dad's groups are located at the Brentwood-Darlington Community Center, 7211 SE 62<sup>nd</sup> Ave, Portland, OR 97206

Commitment: 1st Monday of each month (class is from 6-7pm) or 3rd Monday of each month (class is from 6-7:30pm). Volunteers will be processed through a DMV screening through Impact NW.

### **Homework Club Volunteers at Hazelwood**



Impact Northwest provides supportive services to families and individuals living at the Hazelwood apartment complex by helping them transition from homelessness into stable housing, livable income and a supportive social network. We are looking for volunteers that are interested in helping children with diverse backgrounds, ages 8 to 17. Skilled volunteers are needed in a variety of subjects but especially writing and math. This is a great opportunity to support the Hazelwood community!

Location: Hazelwood Station, 14715 E Burnside, Portland, OR

Commitment: Days are flexible, 2:30pm-4:30pm

### **Computer Savvy Volunteers Needed at Hazelwood**



The Hazelwood apartment complex has a computer lab that can be used as a resource for residents as they search for jobs, complete homework assignments and connect with families and friends. We are looking for volunteers with both computers skills and patience that would be willing to assist adult and youth residents. This position will vary from basic computer training to helping residents search for jobs, write professional resumes and how to use the internet.

Location: Hazelwood Station, 14715 E Burnside, Portland, OR

Commitment: Days and hours are flexible

*(last updated March 17, 2010)*

To volunteer, or for more information, please contact Jill Morrow, our Community Involvement Program Supervisor, at (503) 988-4996 ext. 265 or [jmorrow@impactnw.org](mailto:jmorrow@impactnw.org).